



## PERMANENT COSMETICS AND MAKEUP BY DONNA RAE

401 Olympia Ave NE #234  
Renton, WA 98056  
425.870.3448

### Pre-Treatment Advice and Procedures

- 1) Since delicate skin or sensitive areas may swell slightly, or redden, it is advised not to make social plans for the same day. Lip liner may appear “crusty” for up to one week.
- 2) Please wear your normal make-up to the procedure. If you are having lips or brows done, please bring your favorite pencils.
- 3) If unwanted hair is normally removed in the area to be treated, i.e.; tweezing or waxing, the hair removal should be done at least 24 hours prior to your procedure. Electrolysis should not be done within five days of the procedure. Do not resume any method of hair removal for a week after the procedure.
- 4) If eyelashes or eyebrows are normally dyed, do not have that procedure done within 48 hours of this procedure. Wait one week after the eyebrow or eyeliner procedure before dyeing lashes or brows.
- 5) If you wear contact lenses and are having the eyeliner done, do not wear your lenses to your appointment and do not replace them until the day after the procedure.
- 6) If you are having the eyeliner procedure done, as a safety precaution, in case of watering or swelling, we recommend that you have someone available, or accompany you, who could drive you home if you so decide, or if it is necessary.
- 7) If you are having lip liner done and have had previous problems with cold sores, fever blisters, or mouth ulcers, the procedure is likely to re-activate the problem. Your Intradermal Cosmetic Technician can make recommendations to help prevent or minimize the outbreak.
- 8) We recommend allergy testing of pigment before the planned procedure.
- 9) Do not use aspirin or ibuprofen for 7-days prior to your procedure.

We look forward to working with you. If you have any questions, please call or make notes so we can discuss them with you when you arrive for your appointment.



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## Post-Treatment Advice and Procedures

**FOR ALL PROCEDURES - (Eyebrows, Eyelines, Lip Liner/Fill Lips, Areola, and Camouflage)**

### Immediately Following Cosmetic Tattoo Procedure:

Apply ice to treated area for 10-30 minutes. Ice helps reduce swelling and aids in healing.

### For 14 days following applications of permanent cosmetics:

- Apply antibiotic ointment sparingly twice a day for seven days following the procedure, using a clean cotton swap; not your fingertips.
- Do not rub or pick at the epithelial crust; allow it to flake off on its own. There should be absolutely no scrubbing, no cleansing creams or chemicals. Gently cleanse the intradermal cosmetic area with mild antibacterial soap. You may rinse with water and lightly pat the area dry. Do not expose treated area to full pressure of the water in the shower.
- Do not soak treated area in bath, swimming pool or hot tub. Do not swim in fresh, salt or chlorinated pool water.
- Do not expose the treated area to the sun.
- Use a total sun block after the procedure area has healed to prevent future fading of pigment color.
- Do not use mascara or eyelash curler for seven days post procedure. When you resume use, purchase a new tube, the old tube may have bacteria in it.
- You cannot give blood for one year following your procedure (per American Red Cross).
- Use sterile bandages and dressings when necessary. *(Areola and Camouflage procedure cannot be guaranteed. These are an experimental procedure.)*

